ARTICLES:


Galea, S. (4/10/2020). The mental health consequences of COVID-19 and physical distancing. *JAMA*. https://jamanetwork.com/journals/jamainternalmedicine/fullarticle/2764404 Cites the expected surge in demand for mental health services due to COVID and the need to bolster mental health services in anticipation of this


Homes, L. (3/8/2021). The most common ways that COVID-19 pandemic has affected mental health. *Huff Post*. https://www.huffpost.com/entry/common-ways-covid-pandemic-affected-mental-health_6036a9c5c5b660b95cb016c6 Describes the most common ways people’s mental health has been affected by the pandemic

BURNOUT ASSESSMENT:

BOOKS:

PODCASTS:
Social Distance (Ed Yong)
Feminist Survival Guide

COLLEGE STUDENT MENTAL HEALTH DURING COVID
[https://www.insidehighered.com/news/2021/04/14/students-struggling-not-seeking-campus-mental-health-support](https://www.insidehighered.com/news/2021/04/14/students-struggling-not-seeking-campus-mental-health-support) : includes a list of recommendations for counseling centers
[https://www.activeminds.org/active-minds-student-mental-health-survey/](https://www.activeminds.org/active-minds-student-mental-health-survey/)