Seven-Part Workshop Series on Essential Peacebuilding Skills  
Part Two: Personal Transformation

Presented by:  
Joseph de Rivera  
Research Professor of Psychology and IDCE

Saturday, March 15 2014  
12:30pm - 4:00pm  
Jonas Clark 001

To have the stamina, openness, and assertiveness needed for success in difficult negotiations, nonviolent actions, and peaceful governance we need to change our own hearts. 

This workshop reviews techniques and ways of being that will help us deal with the gap between our ideals and the reality of who we actually are so we can manage aggression in ourselves and others to encourage life instead of violence. We will consider ways to conduct non-violent personal defense, assertion, helping, and political work.

Joseph de Rivera graduated from Yale, served in the Navy Medical Service Corps, earned his Ph.D. from Stanford University, and taught at Dartmouth, NYU, and Clark, where he helped found its Peace Studies Program.  
The author of Love, fear and justice: Transforming selves for the new world; Aggression, violence, evil and peace. and the editor of the Handbook on Building Cultures of Peace, he has struggled with his own personal transformation and witnessed its importance in the lives of those living in desperate poverty as well as those living in affluence but facing our current situation.

He is currently the director of the Peoples World Peace Project, engaged in the study of personal, national and global identities, and involved in the organization of both local and national peace groups.

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